

**Course Outline for:** NURS 1000 Role of the Professional Nurse**A. Course Description:**

1. Number of credits: 2
2. Lecture hours per week: 2
3. Prerequisites: ENGC 1101, CHEM 1050, BIOL 2041, PSYC 1050  
Acceptance into the nursing program
4. Corequisites: NURS 1051
5. MnTC Goals: None

The role of the professional nurse is complex and resides within a culturally competent, equitable, inclusive framework. Professional nursing includes learning about professional identity inclusive of self-care, fundamental concepts of nursing practice, regulatory frameworks, determinants of health, as well as holistic person-centered care practices across the lifespan. Through in-class activities and written research and reflections, students will learn principles of communication, evidence-based practice, and clinical judgment that guides quality, safe care within the context of the holistic nursing process. Dosage calculation will be introduced.

**B. Date last reviewed/updated:** October 2024**C. Outline of Major Content Areas:**

1. Professional Integrity
  - A. Attributes and Roles of a Nurse
    - i. Professionalism
    - ii. Clinical Judgment
    - iii. Self-care
    - iv. Social Justice
  - B. Care Competencies
    - i. Holistic Nursing Process/Person-centered Care
    - ii. Communication
    - iii. Collaboration
    - iv. Quality & Safety
    - v. Informatics
    - vi. Evidence-based/Evidence-informed Practice
2. Psychosocial Integrity
  - A. Psychosocial Homeostasis
    - i. Culture/Spirituality
    - ii. Motivation/Adherence
    - iii. Coping/Stress/Adaptation
3. Lifespan
  - A. Health Equity
    - i. Determinants of Health
    - ii. Implicit Bias Education

**D. Course Learning Outcomes:**

Upon successful completion of the course, the student will be able to:

1. Demonstrate an awareness of the role of the professional nurse within organizational systems to optimize client health.
2. Reflect on personal and professional actions based on a set of shared core nursing values.
3. Identify the impact of sociocultural, economic, legal and political factors influencing health.
4. Describe established and emerging principles of quality and safety in care delivery.
5. Describe the components and process of utilizing best evidence and clinical judgment in the planning and delivery of care.
6. Describe the contextual meaning and focus of holistic person-centered care.
7. Demonstrate calculation of dosages required for safe medication administration.

**E. Methods for Assessing Student Learning:**

Methods for assessment may include, but are not limited to, the following:

1. Written examinations and quizzes.
2. Alternative format, written, and reflection assignments. Rubrics will be used.
3. The student must obtain a 78% or greater in order to pass.

**F. Special Information:**

Refer to nursing student handbook for additional details.